



## Tournament Information Handout

This handout includes some general information regarding tournament procedures. If you have any questions, please give one of our board members a call, or speak with one of the coaches after practice. Thanks for your support and participation in your child's wrestling endeavors.

- Tournament information will be available at the head table in the hallway during the last practice of each week. If you plan to attend a tournament you must sign up at practice and pick up your information.
- Tournaments take place at different locations throughout the state, usually on a Saturday or Sunday. Some State and Regional competitions require Thursday or Friday night weigh-ins.
- Coaches will meet wrestlers at each tournament, it is each parent's responsibility to get their wrestler to tournaments and back. Upon arriving at the tournament, please locate our club. There will be a Penn Wrestling Club Banner positioned where we will be sitting, it will be hanging if there is a place to hang it, otherwise it might be laying across the bleachers. Also, look for our club shirts, and/or sweats. Remember to always wear your PWC Gear.
- You must arrive at the tournament in plenty of time to weigh-in. Weigh-in times vary and will be stated on the tournament information sheet that will be available at practice each Wednesday. Please refrain from eating or drinking prior to weigh ins. Just a drink of water may put you into the next weight bracket higher.
- Registration varies and might be required prior to arriving to the tournament, please listen to special instruction and read carefully the tournament information sheet to determine how to register for an event. If registering on-site, there will be different tables to register, depending upon age. To register, wrestlers will need to bring their USA Wrestling Card, the entry fee, and a completely filled out tournament entry form signed by a parent. The tournament entry form will be available at practices and will also be available at each tournament.
- After registration, each wrestler will weigh- in. They will weigh-in wearing only a singlet. No shoes, socks, etc.
- After weigh- ins, wrestlers are to report to the designated area where the club will meet. Please tell one of our club representatives what you weighed and what division you are wrestling, so they can write it down. Please bring your breakfast to eat after weigh-ins have completed.
- Coaches will let wrestlers know when it is time to warm up as a team.
- Once the tournament begins, wrestlers will usually be called over the p.a. system by age group and weight class. They will report to what is called the "Staging Area". This is where the wrestlers will be assigned their opponent and mat number. As soon as you have your mat assignment find one of our coaches and let them know what mat you will be wrestling on. It is your responsibility to find a coach.

There are anywhere from two to twenty mats set up at each tournament. Wrestlers in our k-4th grade practice session are not to go to staging without a parent or coach. Wrestlers are not to start wrestling without a coach. If a coach is not with you, tell the official or table workers that you need to find a coach. They will give you a limited amount of time to do so.

- Parents are responsible for their wrestler and their wrestler's behavior at tournaments. Please remember that we are representing Penn Wrestling Club and the Penn Community.
- The tournaments are usually double elimination, which means each wrestler will have at least two matches against different opponents. A wrestler will continue wrestling until he loses two matches, or until his weight class is completed. The number of wrestlers in a weight class can range from 2 on up. So if a wrestler keeps winning, he can have as many as 8 matches in one day.
- Medals are usually awarded to the top three place finishers in each weight class. Ribbons are usually given to 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> place finishers. Sometimes plaques are given, sometimes T-shirts. This varies and will be stated on the tournament information sheet.
- Most coaches stay until the end of the tournament. However, if you finish early, you may leave with the person who brought you. **You must tell a coach before you leave.**

**\* Items to bring to a tournament: Singlet, head gear, wrestling shoes, mouth piece, blood rag (which is just a white handkerchief), club shirt .** There will be concession stands, but usually **everyone brings their own breakfast, lunch, snacks, and drinks in a small cooler.** Some tournament locations do not allow coolers or food to be brought in. This will be stated on the tournament information sheet. There may also be vendors at the tournaments selling equipment such as singlets, wrestling shoes, mouth pieces (usually only \$1 or \$2), and blood rags(usually only \$1 or \$2), as well as other miscellaneous items such as t-shirts, etc.

One final note: Remember, we are representing Penn Wrestling Club and the Penn Community, therefore good sportsmanship and good conduct is expected from both parents and wrestlers.

Thanks for your support of the Penn Wrestling Club. If you have any further questions, please contact Coach Harper or one of the following members:

Available by phone or email:

Brad & Chrissy Harper  
Nancy Hildebrandt  
Chris Hildebrandt

**B:** 574-485-7911 **C:** 574-485-7910  
**N:** 574-220-3688

**Email:** charper@comcast.net  
**Email:** sixhildebrandts@prodigy.net

**Visit Us Online** - link directly to our Facebook and Twitter page via pennwrestling.org



Website  
Facebook  
Twitter

[www.pennwrestling.org](http://www.pennwrestling.org)  
search: Penn Wrestling Club & look for the PWC logo  
search: PennWC